

# Worcester County Swimming Association County Championships 2018



## Sunday 21st January, Worcester

<b>Session 1</b>	10.30am	Start 11.am	
Male	1500m	Freestyle	HDW
<b>Session 2</b>	Warm up 12.15 pm	TBC	Start 12.45pm TBC
Ladies	800m	Freestyle	HDW

## Saturday 27th January, Wolverhampton

<b>Session 3</b>	Warm Up 9am			<b>Session 4</b>	Warm Up 1.15pm.TBC		
L	100m	Individual Medley	Heats	L	200m	Freestyle	HDW
M	50m	Butterfly	Heats	M	100m	Backstroke	Heats
L	400m	Freestyle	HDW	L	50m	Backstroke	Heats
M	200m	Breaststroke	HDW	M	100m	Butterfly	Heats
<b>Age Group Finals (10/11, 12, 13, 14, 15, 16/OV)</b>				<b>Age Group Finals (10/11, 12, 13, 14, 15, 16/OV)</b>			
L	100m	Individual Medley		M	100m	Backstroke	
M	50m	Butterfly		L	50m	Backstroke	
				M	100m	Butterfly	

## Sunday 28th January, Wolverhampton

<b>Session 5</b>	Warm Up 9am			<b>Session 6</b>	Warm Up 1.15pm TBC		
M	100m	Breaststroke	Heats	M	200m	Freestyle	HDW
L	50m	Freestyle	Heats	L	100m	Backstroke	Heats
M	200m	Backstroke	HDW	M	50m	Backstroke	Heats
L	400m	Individual Medley	HDW	L	100m	Butterfly	Heats
<b>Age Group Finals (10/11, 12, 13, 14, 15, 16/OV)</b>				<b>Age Group Finals (10/11, 12, 13, 14, 15, 16/OV)</b>			
M	100m	Breaststroke		L	100m	Backstroke	
L	50m	Freestyle		M	50m	Backstroke	
				L	100m	Butterfly	

## Saturday 3rd February, Wolverhampton

<b>Session 7</b>	Warm Up 9am			<b>Session 8</b>	Warm up 1.15pm tbc		
M	100m	Individual Medley	Heats	M	200m	Butterfly	HDW
L	50m	Butterfly	Heats	L	100m	Freestyle	Heats
M	400m	Freestyle	HDW	M	50m	Breaststroke	Heats
L	200m	Breaststroke	HDW	L	200m	Individual Medley	HDW
<b>Age Group Finals (10/11, 12, 13, 14, 15, 16/OV)</b>				<b>Age Group Finals (10/11, 12, 13, 14, 15, 16/OV)</b>			
M	100m	Individual Medley		M	50m	Breaststroke	
L	50m	Butterfly		L	100m	Freestyle	

## Sunday 4th February, Wolverhampton

<b>Session 9</b>	Warm Up 9am			<b>Session 10</b>	Warm Up 1.15pmTBC		
L	100m	Breaststroke	Heats	L	200m	Butterfly	HDW
M	50m	Freestyle	Heats	M	100m	Freestyle	Heats
L	200m	Backstroke	HDW	L	50m	Breaststroke	Heats
M	400m	Individual Medley	HDW	M	200m	Individual Medley	HDW
<b>Age Group Finals (10/11, 12, 13, 14, 15, 16/OV)</b>				<b>Age Group Finals (10/11, 12, 13, 14, 15, 16/OV)</b>			
L	100m	Breaststroke		L	50m	Breaststroke	
M	50m	Freestyle		M	100m	Freestyle	